

VA Area District Representative Report

Date of Meeting: March 5, 2022

District Name and Number: Loudoun District 10

DR Name and email: Emily McPhie, ebm7554@gmail.com

Informational Items:

Meetings in your District (total): 24

Face to face: 4

Hybrid: 2

Virtual only: 16

Inactive: 2?

Updates since last meeting:

- Events or projects the District has completed since last meeting – The District held a virtual workshop on October 30, 2021 on Communication, Self-Care, Traditions, attended by approximately 60 people.
- Events or projects the District is planning – With the change in district representatives, no events are planned for this reporting period.
- Successes – Almost all service positions are filled; only the district web site manager and outreach coordinator remain to be filled. In terms of outreach efforts, the district: (1) made a presentation on Al-Anon to the Fairfax County Prevention Coalition; and (2) has been in communication with a local treatment center and with a non-profit working in the Fairfax County and Loudoun Country adult detention centers about providing information on Al-Anon to family members.
- Challenges – Getting GRs to attend the district meeting and respond to requests for information from the DR.
- Goals – Improve the involvement of GRs in the work of the district.
- Things that are working well – Those GRs who are involved are very helpful and supportive.
- Things that need attention – Clarifying which groups are active and which are inactive, which are hybrid and which are virtual, etc.

